

Difference Between PAO₂ and SAO₂

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Key Difference – PAO₂ vs SAO₂

The transport of oxygen (O₂) by blood in the arteries is a critical process and is governed by many factors such as pH of the blood, partial pressures of the gases in blood, saturation levels of O₂, concentration of available hemoglobin and cardiac efficiency. The balance of these factors will assure the efficient transport of O₂ to peripheral tissue based on the requirement of the particular tissue. The partial pressure and the saturation of O₂ are two very important parameters which determine healthy transport of O₂ in blood that is characterized by the Oxygen-Hemoglobin dissociation curve which depicts the saturation of hemoglobin with O₂, the partial pressure and the concentration of O₂ in blood. **The partial pressure of O₂ (PAO₂) is the pressure exerted by O₂ on the arterial walls while saturation of O₂ (SAO₂) is the overall percentage of hemoglobin binding sites occupied by O₂.** This is the key difference between PAO₂ and SAO₂.

What is PAO₂?

Partial Pressure is defined by Dalton's law of Partial pressures, where it is stated that the total pressure of a system is equal to the sum of the individual pressures exerted by the gases present in the mixture. The partial pressures of dissolved gases in blood are measured by assuming that the blood was allowed to equilibrate with a volume of gas. Thus, Partial Pressure of O₂ (PAO₂) also known as the **O₂ tension in blood**, is the pressure exerted by O₂ on the arterial wall. It is important to note that O₂ in blood is dissolved in a mixture of other gases such as carbon dioxide and carbon monoxide, but O₂ is the only gas that exerts a pressure on the arterial wall.

When the concentration of O₂ in the blood is higher, the PAO₂ also rises, allowing the blood to carry higher amounts of O₂ in comparison with other fluids such as water. Measuring and recording PAO₂ is important during disease states because there are certain physiological processes that depend on changes in O₂ in their microenvironments which are characterized by the changes in PAO₂.

What is SAO₂?

Saturation of O₂ (SAO₂) in blood defines the percentage of hemoglobin binding sites that are occupied by O₂. Each hemoglobin molecule can occupy four O₂ molecules as it can allosterically modify its conformation to facilitate binding of O₂ to its binding site. During 100% saturation, all hemoglobin binding sites are occupied by O₂, and any increase in partial pressure or the concentration of O₂ in blood would not cause an increase in saturation. This is depicted by the plateau area of the oxygen-hemoglobin dissociation curve. This saturation pattern is the reason for the characteristic sigmoid shaped curve of the O₂– Hemoglobin curve.

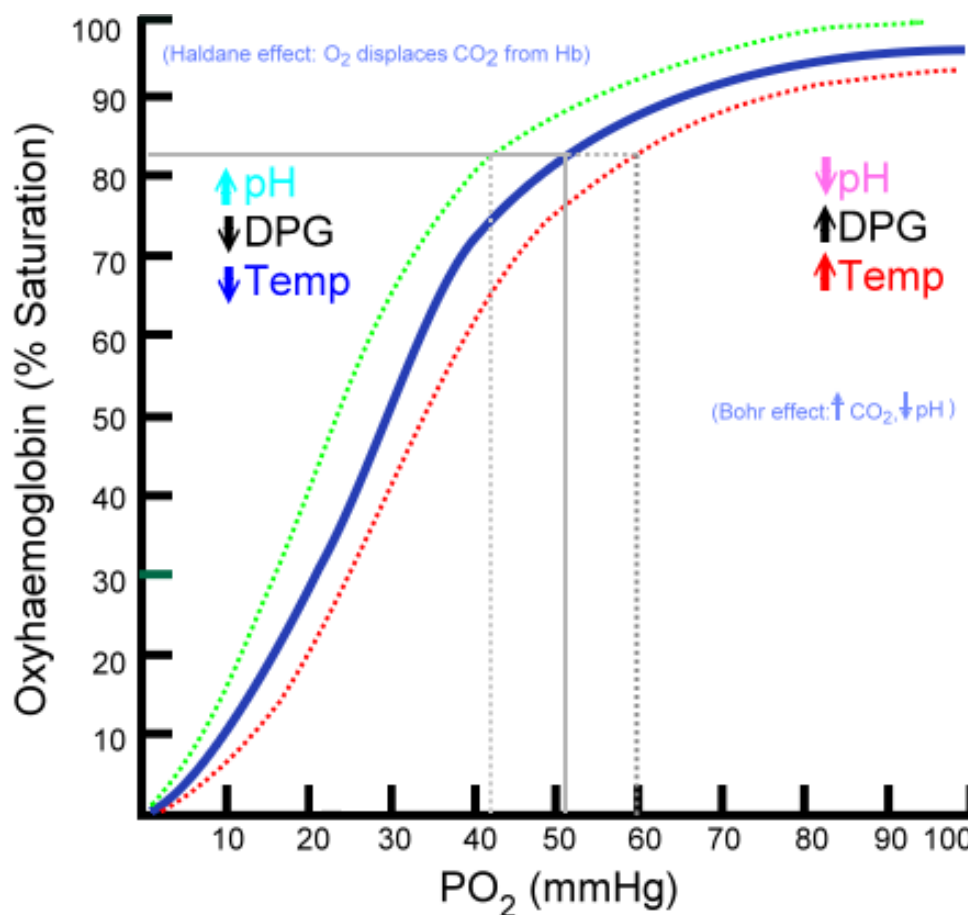


Figure 01: Oxygen-Hemoglobin dissociation curve

What are the similarities between PAO₂ and SAO₂?

- PAO₂ and SAO₂ depend on the concentration of O₂ present in the blood and lungs.

- Both parameters can be used as indicators to suggest imbalances of hemoglobin, O₂, cardiac efficiency and respiratory efficiency.
- PAO₂ and SAO₂ are directly proportional until O₂ reaches its maximum saturation.

What is the difference between PAO₂ and SAO₂?

PAO ₂ vs SAO ₂	
PAO ₂ is the pressure exerted by O ₂ on the arterial wall.	SAO ₂ is the percentage of hemoglobin binding sites that are occupied by O ₂ .
Units of Expression	
PAO ₂ is expressed in Pascal (pressure measuring units).	SAO ₂ is expressed as a percentage.
Depending Factor	
Dissolved O ₂ concentration affects the PAO ₂ .	The number of available O ₂ binding sites and the PAO ₂ affect the SAO ₂ .

Summary – PAO₂ and SAO₂

PAO₂ and SAO₂ define cardiac efficiency and are considered as markers to assess the metabolic conditions of the lungs and heart in terms of Oxygen levels. PAO₂ is the pressure exerted by O₂ on the arterial wall. SAO₂ is the percentage of hemoglobin binding sites that are occupied with O₂. This is the main difference between PAO₂ and SAO₂. The normal PAO₂ of a healthy person should lie above 17 kPa or 128 mmHg which will result in a 100% SAO₂ whereas the normal SAO₂ is greater than 90%. Deviations of these levels act as markers and are important in analyzing the abnormalities in hemoglobins and Carbon monoxide poisoning.

References:

1. Collins, Julie-Ann, et al. "Relating oxygen partial pressure, saturation and content: the haemoglobin–oxygen dissociation curve." *Breathe*, European Respiratory Society, Sept. 2015, [Available here](#). Accessed 21 Aug. 2017.

Image Courtesy:

1." Oxyhaemoglobin dissociation curve" By Ratznium at English Wikipedia Later versions were uploaded by Aaronsharpe at en.wikipedia. – Transferred from en.wikipedia to Commons. (Public Domain) via [Commons Wikimedia](#)

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